

Sweepstakes

Points earned from completing various health actions can be used to enter monthly sweepstakes for a chance to win various digital gift cards. Health actions include:

- Clinical items
 - Doctor's Visits
 - Lipid Panel
 - Prescription Adherence
- Tracking of lifestyle activities
 - Daily Steps
 - Calories Consumed
 - Calories Burned
 - Sleep
 - Weight Management
- Educational tools and resources including digital coaching

Click on A Healthier You from MyBlueKC.com **OR** Download the Blue KC A Healthier You app

To access sweepstakes click your points summary total

New sweepstakes are available every month! Winners are notified via email and the Message Center on the AHY portal.

The sweepstakes page displays how many total points you have earned for the year and how many points you have available to use to enter sweepstakes.

Click on any of the available sweepstakes cards to enter.

Having Trouble? Email AHY@BlueKC.com