SHAC TEAM

Why? Improve the health environment and health services of schools *through policy and environmental changes.*

Expected outcome: Creation and maintenance of *environments and policies* that support healthy and safe behaviors among youth.

PD activities: to be offered by school health services staff to other school staff, including: nutrition, PA, chronic condition management, accessing community health resources, etc.

SHAC: support planning and implementation of SHI improvement plans to *address policy and environmental changes.*

BOONE:

1. Genius hour club time – fitness group by Cherie Wright. Using Garmins with Mr. Braaten this quarter
2. BFF intramural soccer – 4-5 teams currently playing.
3. Group workouts – Amber Harris leading boot camps. Improvements made to what is in machines.
4. This year: Cost: photo printing – want to do healthy food selfie contests with pics sent in frm home.
5. No longer allowing snacks/candy at lunch – want to use PBIS system to reward healthy choices.

CE:

1. Recess policy – BOE policy? Students required at least 45 mins of free/organized physical play each day, divided into two sessions. PE does not count toward recess minutes. – CHECK POLICY and educate teachers/staff. – would very much like to compare behavior referrals for those that get/do not. Currently, walking laps and taking away recess are used as punishment. What can be done instead? Need clear policy and guidelines on this.
2. Want more training on brain breaks and the physiological changes in brain/research on behavior to promote again to staff.
3. Work with food service – breakfast foods do not contain protein and would like to label CHO/pro/fat for DM students

CAS:

1. PBIS
2. Presentations/BINGO funding rewards
3. Greenhouse continued help/promos

CMS:

1. PBIS/CARES cards for nutrition and PBIS for staff
2. Swope, health dept at PT conf.
3. LJJ/5K

CHS:

1. Food/nutrition club
2. More with walking
3. Social committee work with wellness
4. Policies with buzz stop, etc.
5. Greenhouse

Policies with recess, snacks brought in, parties, etc.

Food service – how can we work with them to show carb, calorie, protein, etc. and give what the best choice is each day

Work to obtain salad bar grants

Garmin devices – how being used

Nominations for monthly winners: Katy Ramel?